



Seasonality Chart

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Apples - Culinary												
Asparagus												
Aubergine												
Beetroot												
Broad Beans												
Broccoli / Calabrese												
Brussels Sprouts												
Butternut Squash												
Cabbage												
Carrots												
Cauliflower												
Celeriac												
Celery												
Chard												
Chillies - various												
Courgettes												
Cucumber												
Flat Beans												
Flower Sprouts												
Ginger												
Greens												
Jersey Royals												
Kale												
Leeks												
Lettuce - various												
Maincrop Potatoes												
Mange-Tout Beans												
Onions												
Parsnips												
Peppers												
Pointed Cabbage												
Pumpkins												
Purple Sprouting												
Raspberries												
Red Cabbage												
Red Onions												
Red Sprouts												
Runner Beans												
Savoy Cabbage												
Spinach												
Spring Onions												
Strawberries												
Swede												
Sweetcorn												
Tomatoes - various												
Watercress												
White Cabbage												
Winter Cabbage												
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec

Seasonality is affected by the weather and hence the above should be used as a guide only.